Process Journal - Sample

This is a sample of what your process journal could look like. You can come up with your own format, but below shows you the details you MUST include and those we think are useful options. You are free to come up with your own look and feel, provided you include the essential details about the ATL's.

**Process Journal**  
**DATE:** November 11, 2012

**ATL skill categories addressed in planning**
- Thinking
- Social
- Communication
- Self-management
- Research

**Notes:**
Today I met with XX a well recognized Architect in XX he has 30 Years experience in the industry and specializes in Eco-friendly homes. He has been helpful by providing me with a list of authors and websites of architects who build and design eco-friendly homes. (see attached list)

XX viewed my first designs and made the observation that I need to research a little more about the materials available in WA and to make decisions as to the rules of Eco-building that I am going to follow. He mentioned that every design project requires compromise and that I need to be clear on what aspects of Eco-design are most important to me.

I am going to do a literature review on the sources he has given me and make modifications to my design based on my findings.

Explain why this reflects the ATL skill category you identified:

- **Research:** I have identified Primary and secondary resources, I have accessed information.
- **Communication:** I have received feedback on my designs and practiced active listening whilst meeting with XX.
- **Self Management:** From my meeting I have made a plan to move forward with my project.

**Arising action(s):** Conduct Literature review of sources and modify design accordingly

**Questions to follow up on:** What Eco-design features am I willing to compromise on? Where will I source my materials?

**Global context reflection:** Sustainability is more than thinking ‘green’.

**Evaluating sources:** XX is a qualified architect and has a degree in Eco-design

This section is optional. You don’t have to complete it, but we have included the headings as options as they are good to stimulate your thinking/reflection and to plan ahead and keep moving your project forward.